

What is claimed is:

1. A foot mobility device, comprising:
  - a base;
  - a foot rest hingedly coupled to the base;
  - an inflatable lifting bladder located between the base and the foot rest, said lifting bladder, when inflated, causing said foot rest to rotate relative to said base;
  - at least one foot massage bladder coupled to the foot rest;
  - and
  - a pressure source selectively coupled to each of the bladders.
2. A foot mobility device according to claim 1, further comprising:
  - a massage sock coupled to said foot rest, said foot massage bladder being contained within said massage sock.
3. A foot mobility device according to claim 2, wherein:
  - said massage sock includes a zipper.
4. A foot mobility device according to claim 1, wherein:
  - said foot massage bladder includes a plurality of massage bladders.

5. A foot mobility device according to claim 4, wherein:

said plurality of massage bladders includes at least one heel massage bladder, at least one instep massage bladder, and at least one sole massage bladder.

6. A foot mobility device according to claim 1, further comprising:

means for individually inflating and deflating each of said bladders.

7. A foot mobility device according to claim 4, further comprising:

means for individually inflating and deflating each of said bladders.

8. A foot mobility device according to claim 5, further comprising:

means for individually inflating and deflating each of said bladders.

9. A foot mobility device according to claim 1, further comprising:

a plurality of electrically operated valves, wherein said pressure source is selectively coupled to said bladders via said valves.

10. A foot mobility device according to claim 9, further comprising:

a plurality of pressure sensors corresponding in number to said bladders, each pressure sensor coupled to a corresponding bladder.

11. A foot mobility device according to claim 10, further comprising:

a control circuit coupled to said valves and said pressure sensors.

12. A foot mobility device, comprising:

a base;

a foot rest hingedly coupled to the base;

lifting means located between the base and the foot rest for raising and lowering said foot rest relative to said base;

at least one foot massage bladder coupled to the foot rest; and

a pressure source selectively coupled to each of the at least one massage bladders.

13. A foot mobility device according to claim 12, further comprising:

a massage sock coupled to said foot rest, said foot massage bladder being contained within said massage sock.

14. A foot mobility device according to claim 13, wherein:  
said massage sock includes a zipper.
15. A foot mobility device according to claim 12, wherein:  
said foot massage bladder includes a plurality of massage bladders.
16. A foot mobility device according to claim 15, wherein:  
said plurality of massage bladders includes at least one heel massage bladder, at least one instep massage bladder, and at least one sole massage bladder.
17. A foot mobility device according to claim 15, further comprising:  
means for individually inflating and deflating each of said bladders.
18. A foot mobility device according to claim 16, further comprising:  
means for individually inflating and deflating each of said bladders.
19. A foot mobility device according to claim 15, further comprising:  
a plurality of electrically operated valves, wherein  
said pressure source is selectively coupled to said bladders via said valves.

20. A foot mobility device according to claim 19, further comprising:

a plurality of pressure sensors corresponding in number to said bladders, each pressure sensor coupled to a corresponding bladder.

21. A foot mobility device according to claim 20, further comprising:

a control circuit coupled to said valves and said pressure sensors.